

Elmbridge Centres for the Community

# what's on

Spring 2025



Activities  
and services  
at your  
Centres  
for the  
Community



**Elmbridge**  
Borough Council

# Centres for your Community

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Elmbridge's Centres for the Community are here to support residents to live full and active lives with a range of health and social activities, as well as advice and information sessions and classes for those who want to learn new skills.

In this booklet you'll find all the regular activities held across our Centres, from art to Zumba! Whether you're looking get more active, start a new hobby or get some advice and support, there's something for everyone.

Activities at our Centres are open to anyone with a Centre membership, available to residents over 18. Annual membership costs £21.50 for Elmbridge residents (£32.70 for non-Elmbridge residents) and gives you access to everything that's on at all our Centres. To sign up, simply pop into a Centre and speak to one of the team. Many of our activities are free, but some require a small charge to cover the cost of the tutor or trainer.

Want to get involved in your local community? We have a range of volunteering opportunities too, from brewing cuppas in a tea bar to tending a community garden or delivering Meals on Wheels. You can find details on all our volunteer roles on our website:

[elmbridge.gov.uk/css/volunteer](http://elmbridge.gov.uk/css/volunteer).

The Centres also hold seasonal events from special lunches to advice sessions from local organisations. You can find a list of upcoming special events at the back of this booklet. Need another copy? Download one from your Centre's webpage at [elmbridge.gov.uk/centres](http://elmbridge.gov.uk/centres).

# Your local Centre

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All our Centres are open Mondays, Tuesdays, Thursdays and Fridays from 10am to 3pm.

All Centres offer a daily lunch service, and also have a tea bar serving hot drinks, sandwiches and snacks throughout the day.

## Claygate

Elm Road, Claygate KT10 0EH

Tel: 01372 463 476

[claygatecentre@elmbridge.gov.uk](mailto:claygatecentre@elmbridge.gov.uk)



## Cobham

Oakdene Road, Cobham KT11 2LY

Tel: 01932 596 031

[cobhamcentre@elmbridge.gov.uk](mailto:cobhamcentre@elmbridge.gov.uk)



## Hersham

7 Queens Road, Hersham KT12 5LU

Tel: 01932 246 267

[hershamcentre@elmbridge.gov.uk](mailto:hershamcentre@elmbridge.gov.uk)



## Molesey

Bishop Fox Way, West Molesey KT8 2AS

Tel: 0208 979 5773

[moleseycentre@elmbridge.gov.uk](mailto:moleseycentre@elmbridge.gov.uk)



## Walton

Manor Road, Walton-on-Thames KT12 2PB

Tel: 01932 247 549

[waltoncentre@elmbridge.gov.uk](mailto:waltoncentre@elmbridge.gov.uk)



## Weybridge

Churchfield Place, Weybridge KT13 8BZ

Tel: 01932 844 391

[weybridgecentre@elmbridge.gov.uk](mailto:weybridgecentre@elmbridge.gov.uk)



# Activities

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For activities listed as fortnightly, monthly or by appointment, please contact the Centre for dates.

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## Get active

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### Chair-based exercise

Centre	Day	Time
Claygate	Thursday	10:15am to 11:15am
Hersham	Monday	2:15pm to 3pm
Molesey	Monday	11am to 11:45am
Walton	Monday (limited mobility)	10am to 11am
Walton	Monday	11am to 12pm
Weybridge	Monday	11am to 11:30am

### Chelsea Football Club health and exercise class

Centre	Day	Time
Cobham	Friday	10am to 11am

### Gym circuits

Centre	Day	Time
Cobham	Tuesday	10am to 11am

Correct at time of printing. Activities subject to change. Please contact the Centre.

## Gym sessions (unsupervised)

Centre	Day	Time
Cobham	Monday	10am to 3pm
Cobham	Tuesday	11:15am to 3pm
Cobham	Thursday	10am to 3pm
Cobham	Friday	11:15am to 2:30pm

## Line dancing

Centre	Day	Time
Hersham	Friday (1 <sup>st</sup> and 3 <sup>rd</sup> of the month)	1:30pm to 2:30pm

## Parkinson's exercise class (and support group)

Centre	Day	Time
Claygate	Monday	10:30am to 2:30pm

## Pilates

Centre	Day	Time
Walton	Tuesday (advanced)	2:10pm to 2:55pm

## Strength and balance class

Centre	Day	Time
Walton	Thursday	1:30pm to 2:30pm

## Table tennis

Centre	Day	Time
Claygate	Monday	1:05pm to 2pm
Claygate	Monday (advanced)	2pm to 2:45pm

Correct at time of printing. Activities subject to change. Please contact the Centre.

## Tai chi

Centre	Day	Time
Molesey	Friday	10:45am to 11:45am
Molesey	Friday	12:30pm to 1:30pm
Walton	Friday	2:30pm to 3:30pm

## Yoga

Centre	Day	Time
Cobham	Thursday	11am to 12pm
Molesey	Tuesday	1pm to 2pm
Walton	Thursday	10:15am to 11:15am

## Yoga (chair-based)

Centre	Day	Time
Claygate	Monday	10:30am to 11:30am
Cobham	Monday	11am to 12pm
Cobham	Tuesday	11am to 12pm

## Zumba

Centre	Day	Time
Hersham	Tuesday	1:30pm to 2:30pm
Molesey	Thursday	10:30am to 11:30am

## Zumba (chair-based)

Centre	Day	Time
Cobham	Thursday	1:15pm to 2pm

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## Hobbies and social groups

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### Arts and crafts clubs

Centre	Day	Time
Claygate	Friday	10:15am to 11:15am
Cobham	Thursday	10:30am to 11:30am
Hersham	Friday (3 <sup>rd</sup> of the month)	10:15am to 11:30am
Walton	Thursday	10:30am to 12:30pm
Weybridge	Alternate Thursdays	10:30am to 11:30am

### Bingo

Centre	Day	Time
Claygate	Monday	1:15 to 2:15pm
Cobham	Tuesday	1pm to 2pm
Cobham	Thursday	1pm to 2pm
Molesey	Friday	Alternate mornings and afternoons
Walton	Tuesday	10:30am to 11:30am
Weybridge	Monday	1pm to 2pm
Weybridge	Friday	1pm to 2pm

### Board game clubs

Centre	Day	Time
Cobham	Monday	1pm to 2:30pm
Molesey	Friday	10am to 11am
Weybridge	Monday	10am to 12pm
Weybridge	Thursday	10am to 12pm

### Book club

Centre	Day	Time
Hersham	Monday (1 <sup>st</sup> of the month)	10:30am to 11:30am

Correct at time of printing. Activities subject to change. Please contact the Centre.

## Bridge clubs

Centre	Day	Time
Hersham	Tuesday (supervised)	10am to 12pm
Molesey	Monday (advanced)	10am to 12pm
Walton	Tuesday	1pm to 3pm

## Canasta

Centre	Day	Time
Walton	Tuesday	10:15am to 12:15pm

## Friendship group

Centre	Day	Time
Hersham	Thursday	10am to 12pm

## Chess club

Centre	Day	Time
Hersham	Thursday	10am to 12pm

## Clothes sale

Centre	Day	Time
Molesey	Tuesday	10am to 3pm

## Sewing bee (formerly creative sewing)

Centre	Day	Time
Cobham	Friday	10am to 12pm

## Flower arranging

Centre	Day	Time
Cobham	Tuesday	10:30am to 11:45am
Hersham	Last Friday of the month	10:15am to 11:15am
Weybridge	Alternate Thursdays	10:30am to 11:30am

Correct at time of printing. Activities subject to change. Please contact the Centre.



## German speaking group

Centre	Day	Time
Hersham	Tuesday (fortnightly)	10am to 11:30am

## Grans' coffee club

Centre	Day	Time
Weybridge	Monday	1:30pm to 3pm

## Italian speaking group

Centre	Day	Time
Hersham	Monday (fortnightly)	10am to 12pm

## Knit and sew social groups

Centre	Day	Time
Claygate	Friday	1:15pm to 2:15pm
Cobham	Monday	10am to 12pm
Hersham	Thursday	10am to 12pm
Molesey	Tuesday	1pm to 2:50pm

## Live entertainment

Centre	Day	Time
Claygate	Thursday	1:15pm to 2:15pm
Hersham	Friday (4 <sup>th</sup> of the month)	1:15pm to 2:15pm

## Mahjong

Centre	Day	Time
Hersham	Tuesday (1 <sup>st</sup> and 3 <sup>rd</sup> of the month)	10am to 11:30am

## Music appreciation club

Centre	Day	Time
Hersham	Thursday	1:15pm to 2pm

Correct at time of printing. Activities subject to change. Please contact the Centre.

## Musical memories

Centre	Day	Time
Claygate	Tuesday (2 <sup>nd</sup> of the month)	1:30pm to 2:30pm

## Quiz sessions

Centre	Day	Time
Claygate	Tuesday	1:15pm to 2:15pm
Cobham	Tuesday	11.30am to 12pm
Hersham	Monday (3 <sup>rd</sup> of the month)	10:15am to 11:30am
Hersham	Friday (1 <sup>st</sup> of the month)	10:15am to 11:30am
Molesey	Tuesday	11am to 11:30am

## Scrabble club

Centre	Day	Time
Hersham	Tuesday (2 <sup>nd</sup> and 4 <sup>th</sup> of the month)	10am to 11am

## Sing-a-long

Centre	Day	Time
Claygate	Friday (last of the month). Includes afternoon tea.	1pm to 2pm
Weybridge	Friday	11am

## Walton Stroke Society social club

Centre	Day	Time
Walton	Monday	10am to 12pm

Correct at time of printing. Activities subject to change. Please contact the Centre.

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## Health and beauty treatments

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All hair, beauty and foot treatments are by appointment. Please contact your local Centre to make a booking.

### Acupuncture

Centre	Day	Time
Cobham	Monday	10am to 1pm

### Beauty therapies

Centre	Day	Time
Claygate	Weekdays by appointment	10am to 2pm
Hersham	Weekdays by appointment	10am to 2pm
Molesey	Monday	10am to 3pm
Walton	Tuesday	10am to 3pm



### Foot care clinics (for basic care)

Centre	Day	Time
Claygate	Tuesday	10am to 3pm
Claygate	Friday	10am to 3pm
Cobham	Monday	10am to 3pm
Hersham	Thursday	9am to 3pm
Molesey	Tuesday	10am to 3pm
Weybridge	Tuesday	9:30am to 12:30pm

Correct at time of printing. Activities subject to change. Please contact the Centre.

## Hairdressing

Centre	Day	Time
Claygate	Thursday	10am to 2pm
Claygate	Friday	10am to 2pm
Cobham	Tuesday	10am to 3pm
Hersham	Tuesday	10am to 3pm
Hersham	Friday	10am to 3pm
Molesey	Thursday	10am to 2pm
Molesey	Friday	10am to 2pm
Walton	Friday	10am to 3pm
Weybridge	Monday	10am to 3pm
Weybridge	Friday	10am to 3pm

## Podiatry (for more complex issues)

Centre	Day	Time
Cobham	Tuesday	10am to 12pm
Walton	Thursday	10am to 2pm

## Reflexology

Centre	Day	Time
Hersham	Tuesday	10am to 2pm
Walton	Weekdays by appointment	10am to 2pm



Correct at time of printing. Activities subject to change. Please contact the Centre.

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## Advice and information

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### Aphasia support group

Run by TALK Surrey charity. If you would like to join the group, please contact TALK directly: [talksurrey.org.uk](http://talksurrey.org.uk).

Centre	Day	Time
Walton	Monday	1:45pm to 3:45pm

### Citizens Advice drop-in sessions

Centre	Day	Time
Cobham	Tuesday (except for last of the month)	10am to 12:30pm
Weybridge	Monday (for ages 65+)	9:30am to 12pm

### Digital support sessions

#### Computer support

Centre	Day	Time
Weybridge	Monday	12pm-3pm

#### Digital support: laptops, tablets, phones

Centre	Day	Time
Walton	Friday (by appointment)	12pm-3pm

#### iPad support

Centre	Day	Time
Molesey	Friday	1pm to 2:55pm

Correct at time of printing. Activities subject to change. Please contact the Centre.

## Department of Work and Pensions (DWP)

Centre	Day	Time
Hersham	Every other Monday (7 April, 21 April, 19 May, 2 June, 16 June, 30 June	10am to 12pm

## Parkinson's support group

Centre	Day	Time
Claygate	Monday	10:30am to 2:30pm

## Elmbridge CAN refugee support drop-in sessions

Centre	Day	Time
Walton	Thursday	1pm to 2:30pm
Weybridge	Tuesday	11am to 1pm

## Elmbridge CAN English class for refugees

Centre	Day	Time
Walton	Friday	10am to 12pm

## Social prescribing

Centre	Day	Time
Cobham	Tuesday	10am to 2pm

Correct at time of printing. Activities subject to change. Please contact the Centre.

# Special events

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To book on any special events and activities, please contact the Centre directly. Events can be subject to change.

## April

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- **Art class with Ed**  
12:45pm to 2:45pm on the following days:  
Thursday 3 April, Hersham Centre  
Thursday 10 April, Hersham Centre  
Thursday 17 April, Hersham Centre  
Thursday 24 April, Hersham Centre
- **Rainbow Day**  
Thursday 3 April, Hersham Centre  
Wear a colour from the rainbow.
- **RC Sheriff Trust sing-along**  
Thursday 3 April, Hersham Centre, 10:30am to 12pm
- **Easter quiz**  
Thursday 3 April, Claygate Centre  
Join in with the Easter Quiz, winners will receive a prize!
- **Easter chick handling activity**  
Friday 4 April, Walton Centre, 10:30am to 11:30am (arrive by 10:15am)  
See in the new spring season by experiencing the handling and feeding of baby chicks from their brooding box! Spaces are limited so please pre-book. Spaces cost £3 per person.

Correct at time of printing. Activities subject to change. Please contact the Centre.

- **National Coffee Cake Day**  
Monday 7 April, Claygate Centre  
Come along to the Claygate Centre and enjoy a piece of freshly made coffee cake to celebrate.
- **Easter bouquet making**  
Tuesday 8 April, Cobham Centre, 10:45am to 11:45am  
Spaces are limited for this event so please pre-book. Spaces cost £5 per person.
- **Easter Fayre**  
Thursday 10 April, Claygate Centre, 10am to 12pm  
Lots of fun to be had at the Easter Fayre with a raffle, homemade cakes, lots of stalls and refreshments.
- **Film Club**  
Friday 11 April, Hersham Centre, 12pm  
Includes a choc ice.
- **Afternoon entertainment**  
1:15pm to 2:15pm on the following days:  
Thursday 10 April, Claygate Centre: The Dynamo's  
Thursday 17 April, Claygate Centre: Vic Gilder performance  
Thursday 24 April, Claygate Centre: U3A Jazz Band  
Friday 25 April, Hersham Centre: Becky (singer)
- **U3A Jazz Band**  
Friday 11 April, Hersham Centre, 1pm to 2pm
- **'A Gathering Place' VR Workshop**  
Monday 14 April, Hersham Centre, 10:30am to 1:30pm
- **Spring/Easter special lunch**  
Monday 14 April, Weybridge Centre  
Enjoy a 3-course lunch with live entertainment from 1.30pm.  
Include Easter bonnet making. Places must be pre-booked and cost £11.

Correct at time of printing. Activities subject to change. Please contact the Centre.



- **Easter special lunch**  
Tuesday 15 April, Cobham Centre  
Enjoy a 3-course lunch, live music and an Easter grand raffle.  
Places must be pre-booked and cost £11.
- **Easter craft activity**  
Tuesday 15 April, Walton Centre, 10:15am to 11:45am  
The Walton Centre team will help you to create a decorative Easter card or ornamental Easter egg to gift to a loved one or take home for yourself!
- **Easter special lunch**  
Thursday 17 April, Claygate Centre, 12pm  
Places must be pre-booked and cost £11.  
Thursday 17 April, Molesey Centre, 12pm  
Enjoy a special lunch to celebrate Easter. Entertainment from 1pm to 2pm.
- **Easter raffle draw**  
Thursday 17 April, Hersham Centre, 11am
- **RC Sheriff Trust Sing-along**  
Thursday 24 April, Hersham Centre, 10.30am to 12pm
- **St George's Day special lunch**  
Friday 25 April, Walton Centre, 11am to 2pm.  
Enjoy a delicious traditional 3-course English lunch with live entertainment to celebrate St George's Day! Price £11.20.
- **Sound Like Yoga with Charlotte**  
Monday 28 April, Weybridge Centre, 1pm to 2pm  
Slow yoga with meditation, sound bath and flute experience.

## May

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- **Afternoon entertainment**

1:15pm to 2:15pm on the following days:

Thursday 1 May, Claygate Centre: Games afternoon with John Baldwin

Thursday 15 May, Claygate Centre: Eleanor (singer)

Thursday 22 May, Claygate Centre: Retro Ralph

Friday 23 May, Hersham Centre: Vic Gilder (singer)

Thursday 29 May, Claygate Centre: Margaret (harpist)

- **Sight For Surrey**

Tuesday 6 May, Claygate Centre, 10am to 12pm

- **World Laughter Day activity**

Tuesday 6 May, Walton Centre, 10:30am to 11:30am

Join us for fun and laughter as we explore the history of comedy.

Why not bring your own jokes to share?

- **VE Day 80<sup>th</sup> anniversary celebration day**

Thursday 8 May, Claygate Centre

Early afternoon tea – 12pm, £7 per person

VE celebrations in Elmbridge workshop – 1:15pm to 2:15pm

Join us to celebrate the 80<sup>th</sup> anniversary of VE day with a traditional afternoon tea and a workshop delivered by the Elmbridge Museum team. Dress to impress.

- **VE Day 80<sup>th</sup> anniversary celebrations**

Thursday 8 May, Molesey Centre

Celebrate VE day with lunch and some entertainment at Molesey Centre.

- **VE Day 80<sup>th</sup> anniversary celebrations**

Thursday 8 May, Walton Centre

Join the Walton Centre to commemorate this special occasion and pay tribute to the service and sacrifice of those who fought in the war. Check with the centre for more information on this event.

- **VE Day celebrations - afternoon tea**  
Thursday 8 May, Hersham Centre, 12pm  
Please book, cost £3.
- **NHS App and IT support sessions**  
Friday 9 May, Claygate Centre, 11am to 2:30pm  
Friday 23 May, Claygate Centre, 11am to 2:30pm  
The NHS App and IT support session team will be coming to Claygate to hold 30-minute support workshops for people who are patients at Capelfield Surgery. Spaces are limited, so please contact Claygate Centre to book your appointment.
- **VE Day coffee morning and history of Weybridge talk**  
Friday 9 May, Weybridge Centre  
Celebrate VE Day with coffee at the Weybridge Centre. Talk starts at 10:30am.
- **VE Day celebrations**  
Tuesday 13 May, Cobham Centre  
Dress up or bring memorabilia from the era, vintage flower arranging, a themed lunch and enjoy a historic talk by Elmbridge Museum based around 'Celebrations'.
- **History talk by Elmbridge Museum on celebrations**  
Tuesday 13 May, Walton Centre, 10:30am to 11:30am  
Celebrate VE Day as we delve into the celebrations around the borough that brought people together and recognised achievements. We will look at other events that gathered those together such as weddings and coronations. There will be time for personal and familial recognition as you help to fill your community centre's display board or case.
- **Elmbridge Museum celebrations workshop**  
Thursday 15 May, Hersham Centre, 1.30pm
- **U3A Jazz band**  
Friday 16 May, Hersham Centre, 1pm to 2pm

Correct at time of printing. Activities subject to change. Please contact the Centre.

- **Hearing aid advisor morning**  
Monday 19 May, Weybridge Centre, 10/10.30am to 12pm  
A hearing aid advisor will be on hand to answer queries on hearing aids and accessories.
- **Forget-Me-Not afternoon tea**  
Thursday 22 May, Cobham Centre, 1pm to 2pm  
Come along to the Cobham Centre for a traditional afternoon tea, with a spring theme. Spaces are limited so please pre-book. £7 per person.
- **Special lunch**  
Thursday 22 May, Molesey Centre  
Lunch with entertainment.
- **International Tea Day**  
Friday 23 May, Walton Centre, 10:30am to 11:30am  
Sit back and relax as you indulge in different teas from all around the world!
- **Guide Dogs UK talk and National Scone Day**  
Friday 30 May, Walton Centre, 10:30am  
Cost £2 per person.

## June

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- **Games Day**  
Tuesday 3 June, Walton Centre, 10am to 11:30am  
Did you know there is a National Flip a Coin Day? In honour of this traditional game of chance, join in a range of fun traditional games including a bonus bingo jackpot!
- **Afternoon entertainment**  
1:15pm to 2:15pm on the following days:  
Thursday 5 June, Claygate Centre: Andy Luke (singer)  
Thursday 12 June, Claygate Centre: Vic Gilder  
Thursday 19 June, Claygate Centre: Quiz with John Baldwin  
Thursday 26 June, Claygate Centre: Mary (flautist)

Correct at time of printing. Activities subject to change. Please contact the Centre.

- **Turkish special lunch**  
Thursday 5 June Cobham Centre  
Come along for a Turkish themed lunch, a belly dance performance, music and a raffle. Places must be pre-booked, £11.
- **Summer special lunch**  
Friday 13 June, Walton Centre, 11am to 2pm  
Enjoy a 3-course lunch with live entertainment. Price £11.20.
- **King's birthday celebration**  
Friday 13 June, Hersham Centre  
Details to be confirmed.
- **Rah Rah Theatre Company present 'Rock Around the Clock'**  
Tuesday 17 June, Cobham Centre, 11am to 1pm  
A musical comedy love story, set in the 50s with all the popular tunes of that time. Pre-booking essential. £8 per person. Tickets include a one-hour performance and a 3-course centre lunch.
- **Ascot Day**  
Thursday 19 June, Molesey Centre  
Get dressed up for a day at the races! Enjoy a special lunch with entertainment.
- **Great Outdoors afternoon tea**  
Tuesday 24 June, Walton Centre  
In honour of the National Great Outdoors Month, enjoy an afternoon tea in the Walton garden and an outdoors plant potting activity!
- **Armed Forces Day celebration**  
Friday 27 June, Cobham Centre, 1pm to 2pm  
Celebrate Armed Forces Day with a nostalgic 'back in the day' afternoon tea. Spaces are limited so please pre-book. £7 per person.
- **Afternoon tea special lunch**  
Friday 27 June, Weybridge Centre

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# Volunteering: make the most of your skills

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Every volunteer role we have at our Centres requires a different set of skills.

Maybe you're great at talking to people and would like to welcome new visitors. Perhaps you know how to make a sale and could help raise money at a cake sale or community café.

If you know your town like the back of your hand, you might be interested in delivering Meals on Wheels in your local area. While those with green fingers would be a great help in one of our community gardens.

We're always looking for new volunteers to join our team. Think you could help? Call us on **01372 474 552** or email: [\*\*commservices@elmbridge.gov.uk\*\*](mailto:commservices@elmbridge.gov.uk).



# Community Services – here to support you

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Meals on Wheels can deliver a hot lunch to your door 7 days a week, cooked at one of our Centres and delivered by our team of volunteers. To sign up, call **01372 474 552** or visit [elmbridge.gov.uk/mealservices](http://elmbridge.gov.uk/mealservices).



Our Community Transport team provide door-to-door transport to all our Centres, and their accessible minibuses can take you to appointments, shopping trips or to visit friends and family. Call **01372 474 944** or visit [elmbridge.gov.uk/dialaride](http://elmbridge.gov.uk/dialaride) to find out more.



Elmbridge Dementia Services runs weekly day services at Claygate Centre, with their trained staff providing support and fun activities for people living with dementia. Call **01372 474 547** or visit [elmbridge.gov.uk/dementiaservices](http://elmbridge.gov.uk/dementiaservices) to find out more.

## Want to find out more?

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Our website has information on all our community services as well as other cultural, sports and health activities across the borough: [elmbridge.gov.uk](http://elmbridge.gov.uk).



Our Facebook page has updates and news from all our Centres: [facebook.com/ElmbridgeCSS](https://facebook.com/ElmbridgeCSS).



# Supporting People with long-term health conditions at **Elmbridge Xcel Leisure Complex**

Our Exercise Referral programme offers expert, personalised support to increase your physical activity and enhance your health and wellbeing

## What is included?

- Expert guidance from qualified instructors
- Personalised health programme
- Discounted membership
- Unlimited access to the gym, pool, and classes
- Drop-in sessions

Ask your GP for more details  
[elmbridge.placesleisure.org](http://elmbridge.placesleisure.org)

