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# Volunteer Profile

## Cobham Link Volunteer

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Cobham Link is based at Cobham Centre for the Community, running day services for adults with learning disabilities and autism.

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### What does this role involve?

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- Helping Cobham Link staff provide sessions for adults with learning disabilities and autism.
  - Supporting with running (or just joining in) a wide range of activities from arts and crafts sessions to singing groups, preparing healthy snacks and working in the community garden
  - Assisting with serving lunches and refreshments to group attendees
  - Helping to escort link users on outings
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### Where is this role based and when will I be needed?

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Cobham Link activities are run from the Cobham Centre for the Community on Oakdene Road, off Cobham High Street.

The sessions run every weekday from 9:30am – 4pm.

Volunteers are welcome to support for a whole day, or for a morning or afternoon depending on their availability. Volunteers generally work from a rota with each volunteer having a regular slot every week.

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### Who will I report to?

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The Link Coordinator who runs each session will give you direction on how to support the members. The Link Manager is also available if you have any queries or concerns about your volunteering role.

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### Who would this role be suitable for?

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This role would be ideal for someone who:

- is calm, patient and enjoys working with people
  - can happily take part in a variety of activities from karaoke to chopping vegetables to gym classes
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**Elmbridge**  
Borough Council

- is looking to gain some experience working with adults with learning disabilities or autism

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## **Are there any requirements for this role?**

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No prior experience is required for this role, but some knowledge of the needs and challenges faced by people with learning disabilities and autism is desirable. Sessions may be very active so volunteers have to be prepared for a busy day!

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## **Will I have to do any training?**

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No training is required for this role, and the Link Coordinators will be on hand to offer any support you need during the sessions.

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## **Will I need a DBS check?**

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As this role means you will be working closely with vulnerable adults, an enhanced disclosure and barring service (DBS) check will be required. Our Volunteer Coordinator will support you with the necessary forms during your application.

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## **This sounds like the role for me! How do I apply?**

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If you've decided this role sounds right for you, you can contact our Volunteer Coordinator on 01372 474 552 or email [commservices@elbridge.gov.uk](mailto:commservices@elbridge.gov.uk).

They will then arrange a meeting with you to discuss what you would like to get out of the role and take you through the application and DBS process.

Please note that for all our volunteers we require two references, either from an employer or a character reference from someone who knows you.