

# Hersham Centre for the Community

## summer events programme

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### A warm welcome from your local Centre

Situated on Hersham Green, Hersham Centre for the Community offers a range of activities and services for local residents. Join us for a 3-course lunch from just £5.40, or catch up with a coffee in our Tea Bar after one of our many classes and activities.

We also offer a range of hair, feet and beauty therapies at a fraction of high street prices, as well as door-to-door transport via the Community Transport Service.

We are a friendly centre known for lots of fun and laughter, where there's always something on whenever you decide to pop round and see us! Check inside for details of the latest events and activities.

Looking forward to seeing you.

The Hersham Team



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[elmbridge.gov.uk/centres](http://elmbridge.gov.uk/centres)

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## June

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- **Film Club – The Time of their Lives**

Wednesday 8th June, 1.30pm. Tickets £1.50.

Based on a true story, this is a rare and touching portrait starring Maggie Smith.

- **Carers Event**

Thursday 9<sup>th</sup> June, 10am – 12pm.

Are you a carer? Join local health professionals and experts for a cuppa and a chat about what support is available for you.

- **Jubilee Evening Dance**

Friday 10th June, 7.00pm – 10.00pm. Tickets £10.

Join us for an evening of Ballroom Dance and a fish and chip supper.

- **Outing: Worthing Day Out**

Monday 13th June, 10.00am. Tickets £25.

Trip to Worthing for the day.

- **Outing: Afternoon Tea Boat Trip to Windsor**

Wednesday 22nd June, 1.30pm. Tickets £40.

Take a boat up to Windsor to see the landmarks and have an afternoon tea on board.

- **Armed Forces Day**

Tuesday 28<sup>th</sup> June, 10am.

Thank you event for our armed forces. Come and enjoy free tea and cake if you have served for our country.

- **Wellbeing Walk**

Tuesday 28th June, 10.30am

Riverside walk from Hersham Centre. Slow/flat walk suitable for beginners, ending with refreshments.

- **Summertime BBQ**

Thursday 30th June, 11.30am. Tickets £9.

Join us for a summer BBQ followed by ice cream from the ice cream van and entertainment.

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## July

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- **Jazz Afternoon**

Wednesday 6 July, 1pm. Tickets £1.50 including refreshments. Join us for an afternoon of Jazz by the fantastic U3A Jazz Band. Why not join us beforehand for a 3 course lunch at £5.40.

- **Talk from Hersham PSCO Officer**

Friday 8 July, 11am.

Our local PSCO officer will be coming in to talk about local scams to watch out for and to connect with local residents.

- **Outing: Pub Lunch to Ripley**

Monday 11th July, 11am. Tickets £10.

Join us for an outing to explore the surrey countryside and enjoy a pub lunch.

- **Film Club – The Lady in the Van**

Wednesday 13 July, 1.30pm. Tickets £1.50.

Based on a true story, this is a rare and touching portrait starring Maggie Smith.

- **Hersham Centre Annual General Meeting**

Friday 15 July, 11.30am.

Join us for our AGM run by the Hersham Centre Committee. An opportunity to ask any questions or offer feedback.

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## August

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- **Compassionate Hands**

Friday 12<sup>th</sup> August, 11.00am.

Join us for a complementary gentle hand massage with aromatherapy or unscented oils/creams.

- **Film Club – Dog (Channing Tatum Film)**

Wednesday 10 August 1.30pm. Tickets £1.50.

Comedy in which two former army rangers are paired against their will on the road trip of a lifetime.

- **Buffet Lunch**

Wednesday 31<sup>st</sup> August, 11.30am. Tickets £9.

Join us for an unlimited buffet lunch with entertainment.

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## Weekly regulars

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### Monday

- Bridge Club 9.45am-1pm
- Rummikub (Every Other Monday) 2-4pm
- Bingo (2<sup>nd</sup> and 4<sup>th</sup> Monday) 1.30-2.30pm
- Beautician (every other Monday) 9am-3pm

### Tuesday

- German Speaking Group (every other Tuesday) 10-11.30am
- Table Tennis 10-11.30am
- Darts 10-11.30am
- Mahjong (Fortnightly) 10-12 noon
- Zumba Gold exercise class 1.30-2.30pm
- Tai Chi 3.15-4pm
- Hairdressing 9am-3pm
- Reflexology 9am-3pm

### Wednesday

- Bridge club 9.45am-1pm
- Film Club (2<sup>nd</sup> Wednesday) 1.30-3.30pm
- Quiz (3<sup>rd</sup> Wednesday) 1.30-3.30pm
- iPad Support Group (every 4<sup>th</sup> Wednesday) 1.30-3.30pm
- Mindfulness (every 4<sup>th</sup> Wednesday) 2.15-3pm
- Hairdressing 9am-3pm
- Podiatry 9am-3pm

### Thursday

- Knit and natter crafting group 10am-12 noon
- Chess Club 10am-12 noon
- Friendship Group to Socialise with Others 10am-12 noon
- Ballroom dancing class 2-4pm
- Hairdressing 9am-3pm

### Friday

- Chair based exercise class 10-11am
- Art class 2-4pm
- Hairdressing 9am-3pm