
Elmbridge Wellbeing Walks

May 2021 timetable

Our walks are affiliated to Ramblers Wellbeing Walks (formerly Walking for Health). As such they are classed as organised outdoor physical activity and are exempt from the 'rule of six' in the first half of May, in accordance with UK Government guidance.

Under Covid restrictions, all our walks and Nordic walks have a fixed number of spaces which **must be booked in advance**. This number will vary depending on the preference of the walk leader and the number of leaders attending.

To book a space on a walk [please use the online booking form](#). If you require assistance, or have any other queries please contact the Sport and Health office via health@elmbridge.gov.uk or 01372 474574 (during office hours).

May	Time	Route	Pace, Gradient	Leader
Saturday 01	10.30-11.30	To Hersham Riverside open space Park/Meet: at far end of Old Esher Road, by flood wall, BEYOND KT12 4LE	Slow, flat	Mary Max: 8
Monday 03 Bank holiday	10.30-12.00	Prince's Coverts Park: End of Coverts Road (junction with Holroyd Road), Claygate, KT10 0LE Meet: Near start of bridleway by notice board.	Moderate, slopes	Andrew Back lead: Richard Max 16

May	Time	Route	Pace, Gradient	Leader
Tuesday 04	10.30-11.30	Molesey Circular Walk Park: Council car park, Walton Road, East Molesey, KT8 0DP, or nearby Meet: In car park next to St. Mary's Road / Bell Road exit Toilets in car park	Slow, flat	Dave Back lead: Val Max 16
Tuesday 04	10.30-12.00	Towpath and Weybridge Park/Meet: Junction of Brooklands Lane and Heath Road, Weybridge, KT13 8TJ (street parking nearby)	Moderate, Flat	David G Max 8
Tuesday 04	14.00-14.45	2 Rivers and a Garden Park/Meet: Junction of Ray Road, Island Farm Road and Molesey Park Road, West Molesey, KT8 2LG (street parking nearby)	Slow, flat	Karen Max 8
Wednesday 05	10.30-11.30	A meander around Middle Pond Park/Meet: Lakewood car park, Portsmouth Road, Cobham, KT11 1BG	Slow to Moderate, slopes	Keith Back lead: David M Max 16
Wednesday 05	10.30-12.00	Around Claygate Park: Claygate Centre for the Community, Elm Road, Claygate, KT10 0EH (or nearby roads) Meet: In car park outside centre Nb. centre is closed	Slow, flat	Jean Back lead: Andrew Max 16

May	Time	Route	Pace, Gradient	Leader
Thursday 06	10.30-10.50/11.00 Duration to suit attendees	Coronation Recreation Ground Park/Meet: Coronation Recreation Ground car park, 195 Molesey Road, Hersham, KT12 4QY	Slow, Flat	Keith Back lead: David M Max 16
Thursday 06	14.00-15.15	Nordic Walk: West End Wood and the Ledges Park: Garsons Farm, West End, Esher, KT10 8LP Meet: Near main entrance to farm shop Facilities in garden centre	Moderate, Steps and slopes	Pam Back lead: David M Max 16
Friday 07	10.30-11.15	Thames Path to Molesey Lock Park/Meet: The Miss Poly Café, at Molesey Cricket Club, Grayburn Way, KT8 9AL Free parking, toilets and café	Slow, flat	Keith Max 8
Saturday 08	10.30-12.30	Juniper Bottom and Boxhill Park: near to Stepping Stones pub, Westhumble Street, Westhumble, Nr Boxhill , Dorking RH5 6BS Street parking available on roundabout or by station. Bus 465 Meet: Outside Stepping Stones pub	Brisk, Hills, steps, stiles, and slopes.	Ramesh Max 8
Monday 10	11.00-11.30	Hurst Meadows Park: Sadlers Ride car park East Molesey KT8 1TW Meet: At rear of left-hand car park Toilet in car park	Slow, Flat	Karen Back lead: David M Max 16

May	Time	Route	Pace, Gradient	Leader
Monday 10	11.00–13.00	Langley Vale Centenary Wood Park/Meet: The Tea Hut car park, Epsom Downs, KT18 5PP (junction of Old London Road and Tattenham Corner Road) Toilets, Refreshments after	Brisk	Richard Max 8
Tuesday 11	10.30-11.30	Molesey Circular Walk Park: Council car park, Walton Road, East Molesey, KT8 0DP, or nearby Meet: In car park next to St. Mary's Road / Bell Road exit Toilets in car park	Slow, flat	Val Back lead: Dave Max 16
Tuesday 11	10.30-12.00	Black Pond and Longy Ridge Park/Meet: Sandy Lane car park, Sandy Lane, Oxshott (one nearest A244)	Moderate, slopes	David G Back lead: David M Max 16
Wednesday 12	10.30-12.00	Black Pond via The Ledges Park: Garsons Farm car park, West End, Esher, KT10 8LP Meet: Close to farm shop entrance Facilities in garden centre	Slow to moderate, slopes	Keith Max 8

May	Time	Route	Pace, Gradient	Leader
Wednesday 12	14.00-14.45	Heron and Leg O'Mutton Ponds Park: The Diana Fountain car park, Bushy Park, KT8 9DD (This car park can only be accessed from the South side of the park via Lion Gate / Chestnut Avenue) Meet: near kiosk	Slow, flat	Karen Back lead: David M Max 16
Thursday 13	10.30-10.50/11.00 Duration to suit attendees	Coronation Recreation Ground Park/Meet: Coronation Recreation Ground car park, 195 Molesey Road, Hersham, KT12 4QY	Slow, Flat	Keith Back lead: David M Max 16
Thursday 13	14.00-15.30	Nordic Walk: Desborough Island Park: Cowey Sale car park Walton Lane, Walton on Thames, KT12 1QW Meet: At the furthest end of the car park from Walton Bridge Toilets and café in car park	Moderate, stairs	Pam Back lead David M Max 16
Friday 14	10.30-11.15	Thames Path to Molesey Lock Park/Meet: The Miss Poly Café, at Molesey Cricket Club, Grayburn Way, KT8 9AL Free parking, toilets and café	Slow, flat	Keith Max 8
Friday 14	10.30-12.00	Broadwater Lake and Desborough Island Park: Cowey Sale Car park Walton Lane, Walton on Thames, KT12 1QW Meet: At the furthest end of the car park from Walton Bridge Toilets and café in car park	Moderate, stairs	David G Max 8

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Saturday 15	10.30-11.30	Esher Common Park: Garson Farm, West End Lane, Esher, KT10 8LP Meet: Near entrance to farm shop Toilets in garden centre	Slow, hilly	Mary Max 8
Monday 17	11.00-11.45	Molesey Cemetery Park: Cherry Orchard Road, West Molesey, KT8 1QZ (Free street parking available) Meet: River end of Cherry Orchard Road	Slow /flat	Karen Max 8
Monday 17	11.00-13.00	Ashtead Common Park/Meet: The Star Pub car park, Kingston Road (A243), Leatherhead, KT22 0DP Toilets in pub, refreshments after	Brisk	Richard Max 10
Tuesday 18	10.30-11.30	Molesey Circular Walk Park: Council Car park ,Walton Road, East Molesey, KT8 0DP, or nearby Meet: Toilets in car park	Slow, flat	Dave Back lead: Val Max 20
Tuesday 18	10.30-12.00	Weybridge and New Haw Park: Street parking near KT13, 8TJ, Weybridge Meet: Junction of Brooklands Lane and Heath Road.	Moderate	David G Back lead David M Max 20

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Wednesday 19	10.30–11.30	A meander around Middle Pond Park/Meet: Lakewood car park, Portsmouth Road, Cobham, KT11 1BG	Slow to moderate, slopes	Keith Max 10
Thursday 20	10.30-10.50/11.00 Duration to suit attendees	Coronation Recreation Ground Park/Meet: Coronation Recreation Ground car park, 195 Molesey Road, Hersham, KT12 4QY	Slow, Flat	Keith Max 10
Thursday 20	10.30-11.00	Around Claygate Park: Claygate Centre for the Community, Elm Road, Claygate, KT10 0EH (or nearby roads) Meet: In car park outside centre Toilets and tea bar in centre	Slow, flat	Jean Max 10
Thursday 20	14.00-15.15	Nordic Walk: Bushy Park and the Woodland gardens Park/meet: The Diana Fountain car park, Bushy Park, KT8 9DD (This car park can only be accessed from the south side of the park via Lion Gate / Chestnut Avenue)	Moderate	Pam Back lead: David M Max 20
Friday 21	10.30-11.15	Thames Path to Molesey Lock Park/Meet: The Miss Poly Café, at Molesey Cricket Club, Grayburn Way, KT8 9AL Free parking, toilets and café	Slow, flat	Keith Max 10

May	Time	Route	Pace, Gradient	Leader
Saturday 22	10.30-12.00	<p>Mickleham Downs Park: by Frascati restaurant, London Road, Mickleham, Nr. Dorking, RH5 6EH (or bus 465) Meet: By parking bays near the restaurant</p> <p>Toilets: The King William IV pub is close by. Use may be affected by covid restrictions.</p>	Brisk A climb, stiles, steps and slopes	<p>Ramesh</p> <p>Backlead: Richard</p> <p>Max 20</p>
Saturday 22	18.30–20.00	<p>Laleham to Penton Hook Island</p> <p>Park/Meet: Broadway car park, Laleham, TW18 1RZ</p> <p>Refreshments after if viable</p>	<p>Slow, flat</p> <p>Dogs on leads welcome</p>	<p>Chris P</p> <p>Back lead: Christine</p> <p>Max 20</p>
Monday 24	10.30-12.00	<p>Ockham Common and Chatley Heath</p> <p>Park/Meet: Boldermere car park, Old Lane, Cobham KT11 1ND</p> <p>Toilets and café at car park</p>	Moderate, Slopes	<p>Andrew</p> <p>Back lead; David M</p> <p>Max 20</p>
Tuesday 25	10.30-11.30	<p>Molesey Circular Walk</p> <p>Park: Council Car park ,Walton Road, East Molesey, KT8 0DP, or nearby</p> <p>Meet: In car park next to St. Mary's Road / Bell Road exit</p> <p>Toilets in car park</p>	Slow, flat	<p>Andrew</p> <p>Back lead: Dave</p> <p>Max 20</p>

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Tuesday 25	10.30-12.00	Downside and Cobham Park/Meet: Car park by Downside Bridge, Cobham, KT11 3LP	Moderate Slopes	David G Back lead: David M Max 20
Wednesday 26	10.30-11.30	Oxshott Heath Park/Meet: Sandy Lane car park (one nearest A244), Sandy Lane, Oxshott	Slow, slopes	Andrew Max 10
Wednesday 26	10.30-12.00	Black Pond via The Ledges Park: Garsons Farm car park, West End, Esher, KT10 8LP Meet: Close to farm shop entrance Facilities in garden centre	Slow to moderate, slopes	Keith Max 10
Thursday 27th	10.30-10.50/11.00 Duration to suit attendees	Coronation Recreation Ground Park/Meet: Coronation Recreation Ground car park, 195 Molesey Road, Hersham, KT12 4QY	Slow, Flat	Keith Back lead: David M Max 20
Thursday 27	14:00-15:30	Nordic Walk: Around Painshill Park and the Tower Hill Park/Meet: Painshill Park car park, Cobham, KT11 1AA Free parking and toilets	Moderate, stairs	Pam Back lead: David M Max 20

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Friday 28	10.30-11.15	Thames Path to Molesey Lock Park/Meet: The Miss Poly Café, at Molesey Cricket Club, Grayburn Way, KT8 9AL Free parking, toilets and café	Slow, flat	Keith Max 10
Friday 28	10.30-12.00	A walk from Lakewood Park/Meet: Lakewood car park, Portsmouth Road, Cobham, KT11 1BG	Moderate, Slopes	David G Max 10
Saturday 29	10.30-11.30	Mostly Woods Meet: On corner of Brooklands Lane and Heath Road, Weybridge, KT13 1BF Parking: on nearby roads	Slow, Flat	Mary Max 8