
Elmbridge Wellbeing Walks

April 2021 timetable

Our walks are affiliated to Ramblers Wellbeing Walks (formerly Walking for Health). As such they are classed as organised outdoor physical activity and are exempt from the 'rule of six' in accordance with UK Government guidance.

Under Covid restrictions, all our walks and Nordic walks have a fixed number of spaces which **must be booked in advance**. This number will vary depending on the preference of the walk leader and the number of leaders attending.

To book a space on a walk please use the online booking form [http://elmbridge-self.achieveservice.com/service/Request to book a wellbeing walk](http://elmbridge-self.achieveservice.com/service/Request%20to%20book%20a%20wellbeing%20walk)

If you require assistance, or have any other queries please contact the Sport and Health office on 01372 474574 (during office hours). Please also ensure you have read and agree with our terms and conditions before attending.

April	Time	Route	Pace, Gradient	Leader
Monday 12	11.00-11.45	2 Rivers and a Garden Park/Meet: Junction of Ray Road, Island Farm Road and Molesey Park Road, West Molesey, KT8 2LG (street parking nearby)	Slow, flat	Karen Back lead: Chris P Max 7
Monday 12	10.30-12.00	Arbrook Common Park: End of Claremont Road, Claygate, KT10 0PS Meet: near footbridge over railway	Moderate, slopes	Andrew Back Lead Richard G Max 13

April	Time	Route	Pace, Gradient	Leader
Tuesday 13	10.30-11.30	Molesey Circular Walk Park: Council car park, Walton Road, East Molesey, KT8 0DP, or nearby Meet: In car park next to St. Mary's Road / Bell Road exit Toilets in car park	Slow, flat	David F Back lead: David M Max 13
Tuesday 13	10.30-12.00	Towpath and Weybridge Park/Meet: Junction of Brooklands Lane and Heath Road, Weybridge, KT13 8TJ (street parking nearby)	Moderate, Flat	David G Max 7
Wednesday 14	10.30-11.30	West End Common Park: Garsons Farm, West End, Esher, KT10 8LP Meet: Near main entrance to garden centre Facilities in garden centre if open	Slow, slopes	Andrew Max 8
Wednesday 14	10.30-11.30	A meander around Middle Pond Park/Meet: Lakewood car park, Portsmouth Road, Cobham, KT11 1BG	Moderate, slopes	Keith Max 7
Thursday 15	10.30-10.50/11.00 Duration to suit attendees	Coronation Recreation Ground Park/Meet: Coronation Recreation Ground car park, 195 Molesey Road, Hersham, KT12 4QY	Slow, Flat	Keith Max 7

April	Time	Route	Pace, Gradient	Leader
Thursday 15	10.30-11.00	Around Claygate Park: Claygate Centre for the Community, Elm Road, Claygate, KT10 0EH (or nearby roads) Meet: In car park outside centre Toilets and tea bar in centre (if open)	Slow, flat	Jean Max 7
Thursday 15	14.00-15.30	Nordic Walk: Desborough Island and Broadwater Lake Park: Cowey Sale car park Walton Lane, Walton on Thames, KT12 1QW Meet: At the furthest end of the car park from Walton Bridge Toilets and café in car park	Moderate, stairs	Pam Max 7
Friday 16	10.30-11.30	Thames Path to Molesey Lock Park/Meet: The Miss Poly Café, at Molesey Cricket Club, Grayburn Way, KT8 9AL Free parking, toilets and café	Slow, flat	Keith Back lead: Chris P Max 13
Saturday 17	10.30-11.30	Susan's walk on P.L.U.T.O Park: Garson's Farm, West End, Esher, KT10 8LP Meet: Near main entrance to garden centre Facilities in garden centre if open	Moderate, flat, slopes	Mary Max 7

April	Time	Route	Pace, Gradient	Leader
Monday 19	11.00-11.30	Hurst Meadows Park/Meet: Sadlers Ride car park East Molesey KT8 1TW Meet: At rear of left-hand car park Toilet in car park	Slow, Flat	Karen Back lead: Chris P Max 13
Monday 19	10.30-12.00	Prince's Coverts Park: End of Coverts Road (junction with Holroyd Road), Claygate, KT10 0LE Meet: Near start of bridleway by notice board.	Moderate, slopes	Andrew Back lead: David M Max 13
Tuesday 20	10.30-12.00	Molesey Circular Walk Park: Council car park, Walton Road, East Molesey, KT8 0DP, or nearby Meet: In car park next to St. Mary's Road / Bell Road exit Toilets in car park	Slow, flat	Andrew Back lead: Val Max 13
Tuesday 20	10.30-12.00	Black Pond and Longy Ridge Park / meet: Sandy Lane car park, Sandy Lane, Oxshott (one nearest A244)	Moderate, slopes	David G Max 7
Wednesday 21	10.30-11.45	Around Claygate Park: Claygate Centre for the Community, Elm Road, Claygate, KT10 0EH (or nearby roads) Meet: In car park outside centre Toilets in centre, if open	Slow, slopes	Andrew Max 8

April	Time	Route	Pace, Gradient	Leader
Wednesday 21	10.30-12.00	Black Pond via The Ledges Park: Garsons Farm car park, West End, Esher, KT10 8LP Meet: Close to farm shop entrance Facilities in garden centre if open	Moderate, slopes	Keith Max 7
Thursday 22	10.30-10.50/11.00 Duration to suit attendees	Coronation Recreation Ground Park/Meet: Coronation Recreation Ground car park, 195 Molesey Road, Hersham, KT12 4QY	Slow, Flat	Keith Max 7
Thursday 22	14.00-15.15	Nordic Walk: Around Bushy Park and the Woodland gardens Park/meet: The Diana Fountain car park, Bushy Park, TW11 0EQ (This car park can only be accessed from the south side of the park via Chestnut Avenue)	Moderate	Pam Back lead David M Max 13
Friday 23	10.30-11.30	Thames Path to Molesey Lock Park/Meet: The Miss Poly Café, at Molesey Cricket Club, Grayburn Way, KT8 9AL Free parking, toilets and café	Slow, flat	Keith Back lead Chris P Max 13
Friday 23	10.30-12.00	Broadwater Lake and Desborough Island Park: Cowey Sale Car park Walton Lane, Walton on Thames, KT12 1QW Meet: At the furthest end of the car park from Walton Bridge Toilets and café in car park	Moderate, stairs	David G Backlead: Richard G Max 13

April	Time	Route	Pace, Gradient	Leader
Monday 26	11.00-11.45	Molesey Cemetery Park: Cherry Orchard Road, West Molesey, KT8 1QZ (Free street parking available) Meet: River end of Cherry Orchard Road	Slow /flat	Karen Back lead: Chris P Max 13
Tuesday 27	10.30-11.30	Molesey Circular Walk Park: Council Car park, Walton Road, East Molesey, KT8 0DP, or nearby Meet: In car park next to St. Mary's Road / Bell Road exit Toilets in car park	Slow, flat	Valerie Back lead: David M Max 13
Tuesday 27	10.30-12.00	Weybridge and New Haw Park: Street parking near KT13, 8TJ, Weybridge Meet: Junction of Brooklands Lane and Heath Road.	Moderate	David G Max 7
Wednesday 28	10.30–11.30	A meander around Middle Pond Park/Meet: Lakewood car park, Portsmouth Road, Cobham, KT11 1BG	Moderate, slopes	Keith Max 7
Thursday 29	10.30-10.50/11.00 Duration to suit attendees	Coronation Recreation Ground Park/Meet: Coronation Recreation Ground car park, 195 Molesey Road, Hersham, KT12 4QY	Slow, Flat	Keith Max 7

April	Time	Route	Pace, Gradient	Leader
Thursday 29	14.00-15.15	<p>Nordic Walk: Around Painshill Park and the Tower Hill</p> <p>Park/meet: Painshill Park car park, Cobham, KT11 1AA</p> <p>Free parking and toilets</p>	Moderate, stairs	<p>Pam</p> <p>Back lead: David M</p> <p>Max 13</p>
Friday 30	10.30-11.30	<p>Thames Path to Molesey Lock</p> <p>Park/Meet: The Miss Poly Café, at Molesey Cricket Club, Grayburn Way, KT8 9AL</p> <p>Free parking, toilets and café</p>	Slow, flat	<p>Keith</p> <p>Back lead: Chris P</p> <p>Max 13</p>
Friday 30	11.00-12.30	<p>Horton Country Park</p> <p>Park/Meet: Horton Country Park car park, Horton Lane, KT19 8PL</p> <p>Toilets</p>	Brisk, flat	<p>Richard</p> <p>Max 7</p>