
COVID-19

Outdoor gym guidance

Elmbridge: COVID-19 HIGH



Wash hands

keep washing your hands regularly



Cover face

wear a face covering in enclosed spaces



Make space

stay at least 2 metres apart - or 1 metre with a face covering or other precautions

- Do not visit this outdoor gym if you or any member of your household has coronavirus symptoms or are self-isolating. Children should not use this equipment if they are clinically or extremely clinically vulnerable.
- You must not socialise in a group of more than 6 outside.
- This equipment is not sanitised or disinfected. Make sure you have hand sanitiser with you before entering the outdoor gym. We encourage the cleaning of equipment by users, before and after use, particularly where there are clear touch points such as machine handles or exercise bars.
- Remember to wash your hands thoroughly with soap and water when you get home.
- Do not use this equipment if you are clinically or extremely clinically vulnerable.
- Please ensure you wait at a safe distance if the equipment is in use or return later to use the equipment. Try to avoid busy times.

Thank you for helping to keep everyone safe.



Elmbridge
Borough Council

... bridging the communities ...

Tel: 01372 474 474

Email: greenspaces@elmbridge.gov.uk

Website: elmbridge.gov.uk