

---

# COVID-19

## Outdoor gym guidance

---

### Please make sure you stay safe when using the outdoor gym:

- This equipment is checked regularly for damage and wear and tear but is not sanitised or disinfected. Make sure you have hand sanitiser with you before entering the outdoor gym.
- This is shared equipment, used at your own risk.
- Do not visit this outdoor gym if you or any member of your household has coronavirus symptoms or are self-isolating.
- Do not use this equipment if you are clinically or extremely clinically vulnerable.
- Use hand sanitiser regularly and as a minimum before and after using the outdoor gym. Remember to wash your hands thoroughly with soap and water when you get home.
- Avoid touching your face
- You **MUST** maintain social distancing from others unless they are from the same household - maintain at least 1m and consider wearing a face covering.
- Please ensure you wait at a safe distance if the equipment is in use or return later to use the equipment
- Try to avoid busy times.
- Take any LITTER home with you when bins are full
- Please note the outdoor gym or part of the outdoor gym may be closed for a temporary period for carrying out essential maintenance.

We hope you enjoy using the outdoor gym and thank you for helping to keep everyone safe by always following these simple instructions.



**Elmbridge**  
Borough Council  
*... bridging the communities ...*

Tel: 01372 474 474

Email: [greenspaces@elmbridge.gov.uk](mailto:greenspaces@elmbridge.gov.uk)

Website: [elmbridge.gov.uk](http://elmbridge.gov.uk)