COVID-19
Outdoor gym guidance

Please make sure you stay safe when using the outdoor gym:

• This equipment is checked regularly for damage and wear and tear but is not sanitised or disinfected. Make sure you have hand sanitiser with you before entering the outdoor gym.

• This is shared equipment, used at your own risk.

• Do not visit this outdoor gym if you or any member of your household has coronavirus symptoms or are self-isolating.

• Do not use this equipment if you are clinically or extremely clinically vulnerable.

• Use hand sanitiser regularly and as a minimum before and after using the outdoor gym. Remember to wash your hands thoroughly with soap and water when you get home.

• Avoid touching your face

• You MUST maintain social distancing from others unless they are from the same household - maintain at least 1m and consider wearing a face covering.

• Please ensure you wait at a safe distance if the equipment is in use or return later to use the equipment

• Try to avoid busy times.

• Take any LITTER home with you when bins are full

• Please note the outdoor gym or part of the outdoor gym may be closed for a temporary period for carrying out essential maintenance.

We hope you enjoy using the outdoor gym and thank you for helping to keep everyone safe by always following these simple instructions.