

# Ask the experts at our Falls Prevention Morning

**Molesey Centre for the Community**

**Thursday 16 May  
9.45am-12pm**

Are you worried about falling? Have you recently had a fall?

Get advice from our experts.

If you need help with transport to the event please call:  
01372 474537

## Programme

**9.45am**  
Presentation from the Falls Team

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**10.45am**  
Free strength and balance class

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**11.30am**  
Falls prevention marketplace



**Elmbridge**  
Borough Council

*... bridging the communities ...*



CSH  
Surrey



WALSINGHAM CARE  
HELPING THE OLDER GENERATION

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