

# Supporting people with Memory Loss

Services and specialist day groups for people with memory loss or confusion and support services for their carers.

The Elmbridge Relief Carers Scheme offers specialist day groups for people with memory loss in our Centres for the Community across Elmbridge.

The scheme also offers an Alz Café, carer support groups, events, outings, information and training for those with memory loss and their carers.



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## Memory Loss Support

### Day Care

Specialist day groups for those with a memory loss condition is provided from the Centres for the Community around the Borough. Clients will benefit from activities that promote general wellbeing in a community environment. Carers can use this time for their own needs and wellbeing.



### Friendship and Social Contact

Alz Café is held every second Thursday in the month. Offering information and relevant speakers and social evenings for those with concerns about the effects of memory loss and confusion as well as wider issues affecting carers and the people they care for.



### Support Groups

A chance to talk to other carers in the same situation. Claygate Support Group 1.30pm to 3pm on the last Thursday of the month at the the Claygate Centre for the Community.

For information about the Elmbridge Relief Carers Scheme call:

**01372 474547**

or email:

[reliefcare@elmbridge.gov.uk](mailto:reliefcare@elmbridge.gov.uk)

Prices and locations of our specialist day care Centres can be found on our website:  
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