



## Information for parents and children

### What is Shout! out?

Shout! out is funded by Elmbridge Borough Council and managed by Elmbridge Play Development Officer as part of the Shout! holiday activities scheme.

Shout! out is free to attend and no booking is required.

Shout! out play workers will be working and playing with children in two recreation grounds in the borough to:

- Encourage children to make more use of parks and open spaces
- Increase physical activity
- Encourage and support children to play
- Encourage respect for others and offer opportunity to socialize through play
- To widen accessibility to play opportunities by providing a safe and supportive environment where children can 'have a go' at something new

### Introduction

Formally known as Shout! holiday activities 'Stay and Play' sessions, where children and their families could come and play, bring a picnic and enjoy the outdoors.

To encourage older children to attend, Shout! out will be operating on an 'open access' principle. This means that children over the age of 8 years are free to come and go as they please. To attend independently, parents must complete the registration form available at [elmbridge.gov.uk/shout](http://elmbridge.gov.uk/shout) to register their child(ren).

Shout! out promotes play activities to increase physical activity such as using the green gym, tennis, rounders and ball skills. By being present in the park the play workers provide opportunities for children to play freely outdoors. Shout! out will provide all necessary equipment and resources for each session. Children are encouraged to help plan the sessions and choose the kind of play that they would like. Play includes arts and crafts, junk modelling, den building, parachute games and ball games.

## Age range and supervision

Shout! out is aimed at children up to 13 years. Children under the age of 8 years are required to be accompanied by an adult to attend the stay and play session.

Play workers are not childminders; their role is to facilitate play and they are not responsible for children who attend.

Shout! out operates an 'open access' principle, meaning that children are free to come and go as they please. Parents can leave children over 8 years if they feel confident in their independence skills and we must emphasise, due to the nature of the environment children are responsible for their own actions.

## First aid

Staff are well trained and have a first aid qualification enabling the administration of emergency aid for cuts and bruises. Any serious injuries will be referred to emergency services and contact will be made with the parents using the number provided on the registration form.

## Clothing

Shout! out is delivered outdoors and it is important to understand that children are likely to get muddy, dirty, cold, or hot during sessions, so please dress appropriately to enjoy the session.

## Hydration and refreshments

There will be no access to water and food on site, so please remember a bottle of water to drink and a picnic if you are staying after the session.

## Session times

Please refer to the Shout! holiday activities brochure at [elmbridge.gov.uk/shout](http://elmbridge.gov.uk/shout) for the dates, venues, and times for each Shout! out session.

## Contact information

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