

## Weekly regulars

Monday	Chair Based Exercises	11am
	Bingo	1.15pm-3pm
	Grans and Toddler Group	1.30pm-2.45pm
	Art Class	1.30pm-3.30pm
Tuesday	Quiz	11.15am-11.45am
	Senior Moves Lite Exercise Class (Hall 2)	11.30am-12.30pm
	Molesey Knit and Sew Circle	1.15pm-3pm
	Tai Chi	2.30pm-3.30pm
	Yoga Mixed Ability	7.15pm-8.30pm
Wednesday	Genealogy Group Come trace your ancestors	10.30am-12.30pm
	Whist Club	1.30pm-3.30pm
	Slim with The Pinks Slimming and fitness Group	7pm-8pm
Thursday	Bingo	11am-12 noon
	Molesey Sequence Dance Club	7.15pm-10.15pm
Friday	Keep fit for the active retired (2 classes)	9.45-10.45 11am-12 noon
	Boccia	1.15pm-2.15pm
	Molesey Bridge Club	7.15pm-10.15pm
Sat	Moves Fitness	9.30am-10.30am

## Molesey Centre for the Community

# events



## Welcome

Welcome to our summer events programme.

The Molesey Centre offers lots of regular activities and classes (see back page) plus special events and outings throughout the year. Our summer highlights are outings to Worthing, Bognor, Tenterden Steam Railway and a Thames river boat trip.

Our annual Strawberry Fayre Open Day is on Friday 28 July. Come along and find out about the Molesey Centre and enjoy a delicious strawberry cream tea.

Look forward to seeing you there!

The Molesey Team



### Molesey Centre

020 8979 5773

[moleseycentre@elmbridge.gov.uk](mailto:moleseycentre@elmbridge.gov.uk)

[elmbridge.gov.uk/css](http://elmbridge.gov.uk/css)

Produced by CSS, May 2017

## July

Thursday	6	<b>Outing to Worthing</b>
Tuesday	11	<b>Outing for the less able to Bognor (Hire-a-Bus)</b>
Tuesday	11	Rosemary's jams and cakes sale
Wednesday	19	Film Club (check notice board for list of films)
Thursday	20	Mayor's Charity Coffee Morning
Tuesday	25	'Stunners' bags and jewellery sale
Friday	28	<b>Strawberry Fayre Open Day 10am-1pm</b>

## August

Thursday	3	<b>Outing - River Thames boat trip in London</b>
Tuesday	15	<b>Outing for the less able (see notice board for further details)</b>
Thursday	17	Afternoon tea plus entertainment
Wednesday	23	Film Club (check notice board for list of films)
Thursday	24	Sight for Surrey visiting with their mobile unit

### Outings

#### Thursday 6 July

Outing to Worthing

#### Thursday 3 August

River Thames Boat Trip

#### Thursday 7 September

Outing to Tenterden steam railway



## September

Tuesday	5	Rosemary's jams and cakes sale
Wednesday	6	Film Club (check notice board for list of films)
Thursday	7	<b>Outing to Tenterden steam railway. Includes train ride and afternoon tea.</b>
Tuesday	12	<b>Outing for the less able (see notice board for further details)</b>
Thursday	14	Inter-Centre Boccia Competition at the Molesey Centre
Friday	22	Falls Awareness Day
Thursday	28	CJ's Fashions sale
Friday	29	MacMillan Coffee Morning - cake donations welcome!

### The magnificent Strawberry Fayre

Enjoy a delicious strawberry cream tea at our Strawberry Fayre Open Day. Come along and find out about our activities, events and outings. Friday 28 July, 10am-1pm.



### Other Services

Beautician	Hairdressers
Computer Courses	Meals on Wheels
Chiropodist	Exercise Classes