

Weekly regulars

Monday	Chair Based Exercises	11am
	Bingo	1.15pm-3pm
	Grans and Toddler Group	1.30pm-2.45pm
	Art Class	1.30pm-3.30pm
	Pilates	6pm-7pm
Tuesday	Quiz	11.15am-11.45am
	Senior Moves Lite Exercise Class (Hall 2)	11.30am-12.30pm
	Molesey Knit and Sew Circle	1.15pm-3pm
	Tai Chi	2.30pm-3.30pm
Wednesday	Genealogy Group Come trace your ancestors	10.30am-12.30pm
	Whist Club	1.30pm-3.30pm
	Slim with The Pinks Slimming and fitness Group	7pm-8pm
Thurs	Bingo	11am-12 noon
	Molesey Sequence Dance Club	7.15pm-10.15pm
Friday	Keep fit for the active retired (2 classes)	9.45-10.45 11am-12 noon
	Pilates	1pm-3pm
	Weightwatchers	5pm-7pm
	Molesey Bridge Club	7.15pm-10.15pm
Sat	Moves Fitness	9.30am-10.30am

Molesey Centre for the Community

events



Welcome

We are pleased to be taking part in RAF 100, commemorating 100 years of the Royal Air Force. We have lots of events taking place throughout the week of the 14th May to commemorate this centenary.

Check the back page for our regular activities and inside for events and days out.

Look forward to seeing you soon
The Molesey Team



Molesey Centre

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April

Monday	3	Renew your Community Discount Card membership all this week - 9.30am-12 noon
Friday	6	'Stunners' - Pauline will be selling her gifts and jewellery
Friday	13	Clothes sale 10am - 12.30pm
Thursday	19	Film Club - see noticeboard for details
Tuesday	24	Outing for the less able to The Grumpy Mole pub and restaurant
Thursday	26	Rosemary's Jams and Cakes sale

May

Thursday	3	A talk on the history of the Crystal Palace, 1.15pm - light refreshments supplied
Monday	7	Centre closed - Bank Holiday Monday
Thursday	10	Outing to Portsmouth
Thursday	10	Film Club - see noticeboard for details
Monday	14	Start of the RAF 100 week - commemorating 100 years of the Royal Air Force
Tuesday	15	Quiz on the RAF
Thursday	17	Mole Veterans Band playing a tribute to the RAF
Friday	18	Maggs Latter will be giving a talk and presentation about the RAF WAAFS
Tuesday	22	Outing for the less able to The Compass restaurant in Gomshall

May (continued)

Friday	25	Rosemary's Jams and Cakes Sale
Monday	28	Centre closed - Bank Holiday Monday

June

Thursday	7	WWI Project - A talk about the field hospitals, nurses and doctors on the Western Front
Friday	8	Stunners' - Pauline will be selling her gifts and jewellery
Tuesday	12	Sight for Surrey bus visit. Advice and information on hearing and sight loss plus free NHS hearing aid repairs
Friday	15	Strawberry Fayre and Community Garden Open Day
Tuesday	19	Outing for the less able to Bognor
Thursday	21	Film Club - see noticeboard for details
Friday	22	Rosemary's Jams and Cakes Sale
Monday	25	Outing to Hever Castle in Kent
Monday Tuesday	25 26	Arts Competition - Judging on the 25th and art display and awards ceremony on the 26th at the Hershams Centre.

Other Services

Beautician	Hairdressers
Computer Courses	Meals on Wheels
Chiropodist	Exercise Classes