

# Weekly regulars

MONDAY

Art	9am-12.30pm
Parkinson's Support Group	10am-2pm
Chair Based Exercises	10.15am-11am
Parkinson's Exercise Group	11am-11.45am
Cards (Uno, Sevens) or Dominoes	10.30am-12 noon
Bingo	1.30pm-2.30pm

TUESDAY

Boccia	10.30am-11.30am
Cards (Uno, Sevens) or Dominoes	10.30am-12 noon 1.30pm-2.30pm
Singing for the Memory (1st Tues)	10.30am-11.30am
Bridge Session	1.30pm-4pm
Computer Cyber Cafe	1.30pm-3.30pm

WEDNESDAY

Table Tennis	9.30am-11.30am
Cards (Uno, Sevens) or Dominoes	10.30am-12 noon 1.30pm-2.30pm
Dance Exercise	10.30am-11.30am
Boccia (alternative Weds)	1.30pm-2.30pm
Wednesday Activity Group (WAG) (alternative Weds)	1.30pm-4pm

THURSDAY

Computer Lessons	9am-12.30pm
Cards (Uno, Sevens) or Dominoes	10.30am-12 noon 1.30pm-2.30pm
Holy Communion (4th Thursday)	11.45am-12 noon
Entertainment (plus dancing)	1.30pm-3pm

FRIDAY

Claygate Stroke Support Group	10am-2.30pm
Cards (Uno, Sevens) or Dominoes	10.30am-12 noon 1.30pm-2.30pm
Bingo	1.30pm-2.30pm

SAT

Keep fit for the over 50's	10.15am-11.30am
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# Claygate Centre for the Community events



## Welcome

Happy New Year to you all.

Why not try something new this year? Take a look at our back page for a list of regular courses and activities at the Claygate Centre for the Community.

We also have a packed programme of events including Special Lunches with wine and entertainment and our Easter Fayre on Thursday 22 March.

We look forward to seeing you soon,  
The Claygate Team



### Claygate Centre

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## January

Thursday	4	Afternoon entertainment - Mark A
Thursday	11	Afternoon entertainment - Steve Robbins
Thursday	18	Rosemary's Jams and Cakes Sale
Thursday	18	Afternoon entertainment - Roy as Elvis
Thursday	25	Pauline's 'Stunners' sales table
Thursday	25	Afternoon entertainment - Pauline H
Thursday	25	Holy Communion 11.30am
Wednesday	31	Boccia with Wingham Court 1.30pm

## February

Thursday	1	Afternoon entertainment - Mary G
Thursday	1	Sharon's Fashions Sales
Wednesday	7	<b>Inter-Centre Skittles Tournament</b> at the Hersham Centre, 2.15pm
Thursday	8	Afternoon entertainment - Frances Fry
Thursday	8	Careful Mobility Roadshow
Wednesday	14	<b>Special Lunch -St Valentine's Day</b>
Thursday	15	Ceejay's Fashions sale
Thursday	15	Afternoon entertainment - Crazy Ralph
Friday	16	Ceejay's Fashions sale
Thursday	22	Holy Communion 11.30am
Thursday	22	Rosemary's Jams and Cakes Sale
Thursday	22	Afternoon entertainment - Kuran
Wednesday	28	Boccia with Wingham Court 1.30pm

Please enquire in the Centre Office if you are interested in future iPad courses.



## March

Thursday	1	Afternoon entertainment - Robbie Lee
Thursday	8	Pauline's 'Stunners' sales table
Thursday	8	Afternoon entertainment - Portia
Thursday	15	Rosemary's Jams and Cakes Sale
Thursday	15	Afternoon entertainment - Emma H
Thursday	22	<b>Easter Fayre</b>
Thursday	22	Holy Communion 11.30am
Thursday	22	Afternoon entertainment - Billy
Thursday	29	<b>Easter Special Lunch</b> with entertainment from Frances Fry
Friday	30	<b>Good Friday - Centre closed</b> <b>Centre also closed Monday 2 April</b> (Easter Monday)

## Easter Celebrations

### Easter Fayre

Thursday 22 March

### Easter Special Lunch

Thursday 29 March



## Services

Hairdressing	Daily
Podiatry (Private)	Friday
Podiatry (Age UK)	Tuesday
Bathing and Showering	Daily
Beautician and Reflexologist	Weekly