

## Weekly regulars

|           |   |               |
|-----------|---|---------------|
| Monday    | Board Games   | 10am-12 noon  |
|           | Bridge Club   | 10am-1pm      |
|           | Wellbeing Kinesiology Massage Clinic                            | 12.30pm-4pm   |
|           | Art Class and Knitting Group                                    | 2-4pm         |
| Tuesday   | Bingo   | 1.20pm-2pm    |
|           | Zumba Gold Exercise Class                                       | 2.15pm-3.15pm |
| Wednesday | Bridge Club   | 10am-1pm      |
|           | Citizens Advice Bureau Surgery                                  | 10am-12 noon  |
|           | Chair Based Exercise  | 11am-12 noon  |
|           | iPad Support Group Sessions<br>(1st and 2nd Wednesday in month) | 1.30pm-3.30pm |
|           | Monthly Quiz (3rd Weds in month)                                | 1.45pm        |
|           | Monthly Film Show (Last Weds in month)                          | 1.45pm        |
| Thursday  | Knit and Natter Craft Group                                     | 10am-12 noon  |
|           | Ballroom Dancing Class with refreshments - beginners welcome!   | 2.15pm-4.15pm |
| Friday    | Specialist Memory Loss Group                                    | 9am-3pm       |
|           | Art Class   | 2pm-4pm       |
|           | Backgammon Group  | 2pm-4pm       |

**Saturday - Centre open 10am-1.30pm**

Lunches and snacks available.

'Hear, Here' hearing clinic every 3rd Saturday in the month.

## Hersham Centre for the Community

# events



### Welcome back!

A big welcome back to the Hersham Centre. Inside you will find details of events and outings throughout September and October. You will also find our weekly regulars on the back page.

**Can you please save the date, Thursday 9 November at 11.15am, this is for our Annual General Meeting.** Please come along and help us in supporting you - all are welcome.

We look forward to seeing you soon,

The Hersham Team



### Hersham Centre

Queens Road, Hersham  
KT12 5LU Tel: 01932 246267  
hershamcentre@elmbridge.gov.uk  
elmbridge.gov.uk/css  
Produced by CSS, August 2017


## August

|         |    |   |
|---------|----|---|
| Tuesday | 29 | <b>Welcome back!</b><br>Come and join us for a roast dinner lunch, glass of bubbly and a free raffle. |
|---------|----|---|

## September

|           |    |   |  |
|-----------|----|---|--|
| Thursday  | 7  | <b>Seaside Day</b><br>Fish and chips special with Vince's ice cream van visit for your 99 ice cream! Just phone up and book - normal price of £3.90 to celebrate our reopening. |    |
| Tuesday   | 12 | 1.20pm <b>Mega Bingo</b> , £25 jackpot  |  |
| Thursday  | 14 | 10.30am <b>Sing-a-long</b> with the RC Sherriff Trust.  |  |
| Thursday  | 14 | 2pm <b>Inter-Centre Boccia Competition</b> at the <b>Molesey Centre</b> . If you would like to play in the Hersham Team, please see Lesley or Christine in the office.          |  |
| Tuesday   | 19 | <b>Outing to Eastbourne</b>   |  |
| Wednesday | 20 | 1.45pm <b>Monthly Quiz</b> , come along on your own or with friends, prize for the winners.   |  |
| Wednesday | 27 | 1.45pm <b>Film Club</b> 'Lion' new release. A fabulous heart-warming film.  |  |
| Friday    | 29 | <b>Macmillan Coffee Morning</b> - coffee, cakes and raffle.   |  |

## October

|           |    |   |   |
|-----------|----|---|---|
| Monday    | 2  | <b>National Full of Life Day</b><br>Roast lunch with a free glass of wine.  |   |
| Thursday  | 5  | 10am <b>Sight for Surrey</b> bus visit. Expert staff will carry out repairs to hearing aids and demonstrate equipment for people with hearing or sight loss |   |
| Thursday  | 12 | 10.30am <b>Sing-a-long</b> with the RC Sherriff Trust.  |   |
| Monday    | 16 | <b>Outing</b> - please see notice board for details   |   |
| Wednesday | 18 | 1.45pm <b>Monthly Quiz</b> , come along on your own or with friends, prize for the winners.   |   |
| Friday    | 20 | 12 noon Hersham Chernobyl Knitting Group <b>Raffle Draw</b> . Tickets will be sold from Monday 16 October.  |   |
| Wednesday | 25 | 1.45pm <b>Film Club</b> 'Beauty and The Beast' a wonderful reworking of the classic tale.   |  |
| Tuesday   | 31 | <b>Halloween Special Lunch</b> , bookings in the office from Monday 2 October.  |   |

|  |                            |
|--|----------------------------|
| <b>Beautician (alternate Mondays)</b>      | <b>07789 741344</b>        |
| <b>Reflexologist/Kinesiologist</b>         | <b>01932 246267</b>        |
| <b>Community Transport</b>                 | <b>01372 474551</b>        |
| <b>Chiropody (Tuesday &amp; Wednesday)</b> | <b>01932 246267</b>        |
| <b>Lunch Orders</b>                        | <b>01932 246267/228848</b> |
| <b>Hairdressers (Tuesday to Saturday)</b>  | <b>01932 246267</b>        |